

Mindful Meditation 13: Worship Through Work

Hey there, Faithgineer,

Welcome to a new session in our mindfulness meditation journey. In this session, we will visualize the significant relationship between our spiritual life and our business ventures, as inspired by the vivid imagery and promises found in the book of Revelation.

Experiencing Divine Shelter and Guidance

I invite you to find a quiet place where you can be undisturbed and comfortable. As you begin to relax, take deep, slow breaths, inviting the presence of Holy Spirit and a sense of peace to surround you.



[Click here to listen to the meditation audio.](#)

Imagine yourself, and also your business ventures, being sheltered by God from anything that would disturb or harm your soul. Visualize God's hand guiding your every decision in business, steering you through challenges, and providing wisdom at every turn. Feel the reassurance and confidence that comes from this divine guidance.

Shepherding and Nurturing Your Business

Envision your business ventures as a flock under the watchful care of its shepherd. See every aspect of your business, every client and customer, and every single project nurtured and cared for with divine attention. Sense the growth and impact that flourishes in your business ventures under this deliberate care.

Tears Wiped Away: Overcoming Challenges

I invite you to see the challenges and obstacles you've faced along your business journey from new perspectives. See them as *sometimes painful* opportunities to grow through grit and grace. Now,

picture God's presence with you in these challenging moments, wiping away tears, offering grace, illuminating lessons learned, and transforming trials into triumphs.

Soak in the strength and resilience that flows from overcoming the challenges you have encountered. See yourself celebrating your wins.

Service and Praise in Business

Now, shift your focus to seeing yourself serve, praise, rejoice, exalt, and worship God through your business. See every aspect of your Work in business as an act of worship and service. Whether it's through ethical practices, outstanding customer service, or community involvement through pro bono work, see everything that you do in business as an opportunity to honor and glorify God.

Envisioning a Business Built on Faith and Worship

As you continue to meditate and imagine your business ventures through the lens of worship and service, now see your business as a beacon of light, illuminating bible-based principles and Christ-centered practices in all things.

Envision every transaction, interaction, and innovation as a reflection of your faith and commitment to being an Ambassador for Christ in all things and in every way.

Feel the joy and fulfillment that comes from aligning your business practices with your spiritual values.

Winding down with Gratitude and Commitment

As you see yourself experiencing this significant success in business and we wind down this mindfulness meditation, take a moment to express gratitude for the divine guidance and grace that surrounds your life and business in whatever way your expression of gratitude feels most aligned with your way of being.

And now, with gratitude, I invite you to commit yourself to continue to build your business ventures thoughtfully, mindfully, and prayerfully - for they are an expression of your relationship with God.

May your business journey be a testament to the divine grace, guidance, and love of God that guides you. And, may your Work always be an act of your worship and praise. Amen.