

Mindfulness Meditation 28: Anticipating Miracles

Hey there, Faithgineer.

Welcome to Mindfulness Meditation #28 - Anticipating Miracles. As we gather for the final session in our Mindfulness Meditation series, I extend my heartfelt gratitude for your journey with me.

It has been a blessing, privilege, and profound pleasure to create this Mindfulness Meditation series for you, day-by-day, for the past 28 days, as guided by Holy Spirit.

Many thanks to everyone who has sent an encouraging word about this meditation series, and has prayed for me as I've been creating it. I appreciate each and every comment, and feel your prayers.



[Click here to listen to the meditation audio.](#)

Creating this series required me to get over my fears and feelings of being out of my comfort zone, in order to be obedient to Holy Spirit. The result has been this shared journey of mindfulness meditations that have not only blessed my heart but have been a blessing to so many Faithgineers in our community.

My lessons from this experience that I am sharing with you are to get out of your own way and get over your ego (*which often shows up as a fear*) so that you can be obedient to the call of Jesus that is on your life. This is how you strengthen your faith and focus, to flow.

And for now, for our Mindfulness Meditation: Anticipating Miracles.

Let's begin by finding a quiet, comfortable space where you can relax and open your heart and mind to the divine possibilities of your journey through business and life. Bring close to you your Bible, favorite pen, and #FaithFocusFlow journal to record whatever Holy Spirit reveals

Foundations of Faith

Inhale deeply, filling your lungs with hope, and as you exhale, release any doubts or fears.

Let the truth of scripture in Hebrews 11:1 inspire your heart: *"Now faith is confidence in what we hope for and assurance about what we do not see."*

This bible verse is the foundation of our meditation today—anticipating miracles with unwavering faith.

Empowered by Christ

Let's anchor this Mindfulness Meditation in scripture, Philippians 4:13, which reminds us: *"I can do all things through Christ who strengthens me."*

Feel the strength and confidence that flow from knowing it is Christ who gives you strength. And now, let's visualize miracles.

Miracles in Your Health

Imagine your body and mind being healthy and whole, every cell rejuvenated and renewed by divine energy. See yourself thriving in good mental and physical health, *no matter your outward condition*. See your health as a living testament to God's miraculous power.

Miracles in Your Relationships

Picture your relationships transformed to create spaces where you are safe to be your authentic self and grow into your best self; see bonds with those you admire strengthened to cultivate the most meaningful connections; and feel the love in your life deepened to bring even greater warmth, comfort and peace. Imagine reconciliation where needed, and in each of your relationships, see and feel joy personified.

Miracles in Your Vocation and Career

Envision success and fulfillment in your vocation and career. See every decision you make and action you take being blessed and favored by God, leading to unprecedented impact, influence, achievements, recognition, and wealth-building revenue, all making the earth more like it is in heaven.

Miracles in Your Business Ventures

Imagine your business ventures flourishing. Allow yourself to see exciting and fulfilling opportunities appearing everywhere you look, with prosperity flowing in all areas and in every way. See your Work (*with a capital W*) in the marketplace as a conduit for blessings, impacting lives, and glorifying God.

Miracles in Your Faith

Imagine your faith deepening, as you firmly believe in God's promises as revealed in scripture. Take a moment to enjoy the feeling of peace and confidence that flow into your heart and spirit every day, as you visualize starting your day with prayer and scripture, and the day bringing to you new revelation and a closer walk with God.

Miracles in Your Walk with God

See your journey through business and life illuminated by miraculous encounters and divine guidance. Envision your path made clear by the light of Jesus and, in each step you take, being confident and courageous because you are walking within God's will for your life.

Now that we have visualized miracles in your walk with God, let's close out this Mindfulness Meditation series with our hearts full of gratitude and Christ-centered anticipation.

I invite you to move forward from this time of togetherness, open to and anticipating miracles in every area of your vocation, business, and life.

Let your faith be the lens through which you see your place in the world, confident in God's plans for you - plans to give you hope and a future.

In anticipation of all that is to come, we conclude this Mindfulness Meditation series in the name of Jesus.

Amen.